

Checklist – emergency document resource

It is a good idea to prepare a 'grab bag' containing the following:

Item	✓	
Emergency funds (a couple of hundred euros/dollars in cash; and/or a credit card so that if you lose your wallet you've still got access to money)		
Copies (or originals) of:	Your ID documents, including passport	
	Your visa/residence permit	
	Health insurance policy	
	Travel insurance policy, if separate	
	Home insurance policy	
Contact details for:	The police and other emergency services	
	Your doctor	
	Your family/close friends	
	Your insurance companies	
	The embassy and nearest consulate for your home country	
	Your employer	
A piece of paper for the benefit of others, detailing:	Your blood group	
	The details of your next of kin	
	A 'potted' (concise) medical history	
If you take any vital medication:	Details of the medication	
	If possible, a small emergency supply of the medication	